Help boost comfort and energy efficiency with home ceiling insulation!



CenterPoint Energy offers incentives that could help you save energy and money through a variety of home efficiency upgrades.

To qualify for incentives, customers must:

- Work with a program-approved contractor
- Have home built by 2003
- Have a home located in CenterPoint's Houston electric service territory

Ceiling insulation benefits

Heating and cooling costs make up most of your energy bill. Installing new insulation can help improve your home's efficiency and overall performance. Increasing your home's insulation levels may help:

Improve indoor comfort year-round

Lower energy bills

Reduce noise, humidity and pests

Understanding the different types of insulation

	Fiberglass batt or rolls	Loose-fill/blown-in cellulose	Spray foam
TYPE			
PROS	• Affordable • Easy for DIY projects	• Excellent coverage • Easy to install	• Highest R-value • Excellent air sealing
CONS	Can leave air gaps if not installed tightly	Requires special equipment to blow in evenly	Most expensive, requires professional insulation

Source: ENERGY STAR®

Start saving today!

To get started, visit:
CenterPointEnergy.com/CeilingInsulation
or scan the QR code to see a list of participating contractors.

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Checking your existing insulation levels

Use the ruler on the right to measure the insulation levels in your ceiling and determine if you may want to consider adding insulation to help boost your home's energy efficiency.

Here's some additional important information about your insulation levels:

- **Look across your attic floor.** If insulation is level with or below the wood joists, you may need more insulation. It is recommended that attic insulation for homes in the Greater Houston area have a depth of at least 10-14 inches.
- **R-value is your home's ability to block heat.** The higher the R-value, the better your insulation helps keep hot attic air out of your living spaces and reduces the workload on your air conditioner
- **Use a ruler to measure insulation depth** and compare it to recommended R-values. For common insulation materials like fiberglass or cellulose, each inch of thickness provides an R-3 value.
- **To estimate R-value,** simply multiply the measured thickness by 3. For instance, if your insulation measures 4 inches thick, the estimated R-value would be 3x4, resulting in an R-12 value.

For the best energy savings and comfort, attics should have insulation levels of R-38 or higher.

What to watch out for:

- Wet or damp insulation, which may indicate a leaky roof or pipe
- Vents that exhaust air into the attic instead of outdoors
- Soffit vents are openings beneath the roof overhang around the outside edges of your home. Blocked soffits prevent fresh air from entering your attic. This increases heat retention and moisture buildup.

If any of these issues are present, you may need a professional to evaluate the situation.

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The dotted line measures 10" high

If your loose-fill insulation levels are below this line, you may want to consider increasing your ceiling insulation to help save energy on your monthly utility bills!

10 9 8 7 6 5 4 3 2 1

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